

## FREE/LOW-COST INTERNET SERVICES AND OTHER RELATED RESOURCES THAT CAN ASSIST HUD-ASSISTED RESIDENTS DURING THE COVID-19 CRISIS\*

- **COVID-19 Updates to Specific Low-Cost Internet Service Offers.** Featured below is a list of the major ISPs, their low-cost offers, and specific updates to their offers made in response to the Federal Communication Commission's "Keep Americans Connected" pledge which was designed to help all Americans stay connected to the Internet during the COVID-19 crisis.
  1. **AT&T's "Access by AT&T."** AT&T has committed waive data overage fees in response to Covid-19. Available in 21 states. One family member must be eligible for SNAP.
  2. **Charter Communications' "Spectrum Internet Assist"** is now offering free Spectrum broadband and Wi-Fi access for 60 days to households with K-12 and/or college students who do not already have service through Spectrum. To enroll, call 1-844-488-8395. Installations fees are waived. There are no data caps.
  3. **Comcast's "Internet Essentials"** is available to any low-income American. New customers will receive 60 days of complimentary Internet Essentials service, which is normally available to all qualified low-income households for \$9.95/month.
  4. **Cox Communications' Connect2Compete** is for families with school-aged children who are enrolled in low-income assistance programs. For a limited time, the first month of service will be free, \$9.95/month thereafter.
- The **Lifeline** program provides a subsidy to HUD-assisted residents for phone and/or Internet service. Annual recertification requirements [have been postponed for 60 days by the FCC](#).

**For updates to these offers:** See the **Federal Communications Commission's "Keep Americans Connected" page**.

- **Media recommendations for entertainment** - Age-appropriate media suggestions to keep the whole family engaged
  - [Best Music Apps and Games for Kids](#)
  - [New Kids' TV Shows](#)
  - [50 Books All Kids Should Read Before they're 12](#)
  - [Best Family Movies](#)
  - [Sibling Watch-Together TV](#)
    - [Best Documentaries for Kids and Families](#)
- **Resources for at-home learning** -Tools to help parents and caregivers keep kids focused and learning at home.
  - [17 Apps to Help Kids Stay Focused](#)
  - [Apps That Act Like Math and Science Tutors for Homework Help](#)
  - [Free Educational Apps, Games, and Websites](#)
  - [Top Time-Management Apps](#)
- **Stress management resources** – For more, visit: [commonsensemedia.org](https://commonsensemedia.org)
  - [Tips for taking in rapidly changing news.](#)
  - De-stress together with [meditation apps for kids and families](#).
  - [Apps, websites, and video games](#) that inspire running, jumping, and more to stay active.

\*This information does not constitute an endorsement by HUD.

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