

## **COVID-19 Resources Available**

COVID-19 Vaccine: [Monroe County](#)

211 COVID-19 Resources: [211 Life Line](#)

Healthy Ways to Cope with Stress: [CDC Information](#)

Helping Others Cope with Stress: [CDC Information](#)

Quarantine Guidelines: [Latest Updates](#)

HUD Find Shelter: [Resources](#)

Find a COVID-19 Testing Site Near You: [City of Rochester](#)

New Meal Delivery Program: [Senior Meal Delivery](#)  
[Restaurant Grant Program](#)

Grab and Go Meal Finder: [City of Rochester](#)

How to Wear a Mask: [Monroe County](#)